

LIPEDEMA

1ST INTERNATIONAL CONGRESS

JUNE 9-10
2017
VIENNA



CONGRESS PRESIDENT
Sandhofer, Matthias M.D.

SCIENTIFIC COMMITTEE

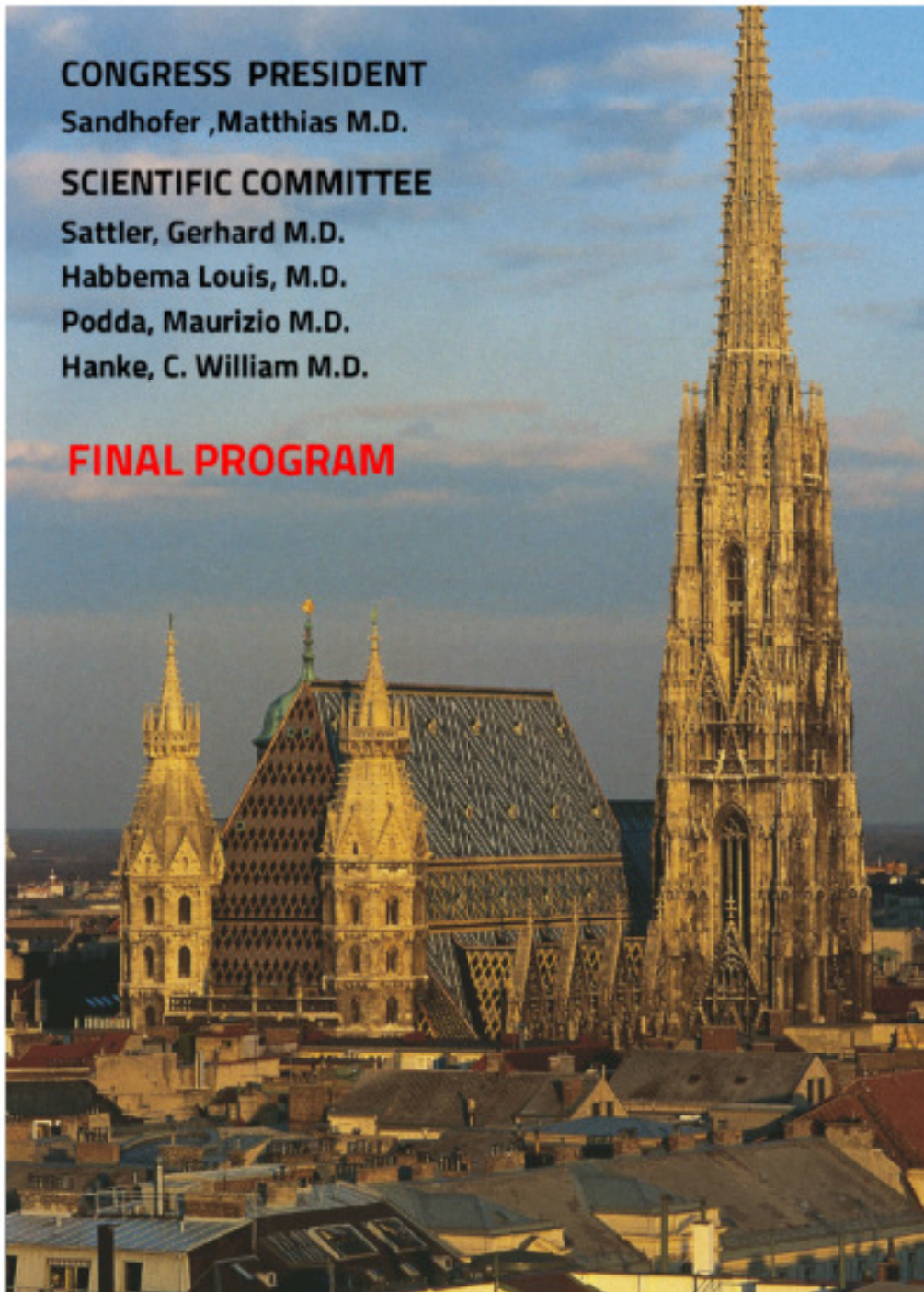
Sattler, Gerhard M.D.

Habbema Louis, M.D.

Podda, Maurizio M.D.

Hanke, C. William M.D.

FINAL PROGRAM



ISDS

International Society for Dermatologic Surgery



Austrian Academy of
**COSMETIC SURGERY &
AESTHETIC MEDICINE**

WELCOME TO VIENNA



ISDS



Austrian Academy of
COSMETIC SURGERY &
AESTHETIC MEDICINE



Dear colleagues,

In recent years, lipedema has received a great deal of attention due to its unexpectedly frequent occurrence and the option of treatment by liposuction. It is believed that worldwide, about 5% of the female Caucasian population suffers from this pathological, aggressive fatty tissue excess in the limbs. Its failure to fit into a conventional obesity concept and its fateful progression with reduced quality of life provide dynamic impulses to confront this pathology with the latest research findings regarding organ fat.

The first case reports of treatments and the current guidelines are from the fields of dermatologic surgery and phlebology. Guidelines on the treatment of lipedema only exist in Germany, Austria, and the Netherlands. Early surgical treatment by liposuction offers a long-term benefit for affected patients, associated with a dramatic improvement of their quality of life.

On behalf of our professional associations, the International Society for Dermatologic Surgery (ISDS) and the Austrian Academy of Cosmetic Surgery and Aesthetic Medicine (AACMS), I cordially invite you to the first international congress on the treatment of lipedema, which will take place on June 9 and 10, 2017, at the Hotel Imperial in Vienna.

We have invited the distinguished lipedema experts to this event. The goal is to reach a consensus and to publish it worldwide through the journal Dermatologic Surgery.

I would be happy to welcome you at this congress.



Dr. Matthias Sandhofer
Board Member of ISDS
AACMS Founder and Honorary President

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FRIDAY, JUNE 9, 2017

08:30 am	Welcome reception	
09:00 am	Welcome words	C. William Hanke, Matthias Sandhofer
	Chair: C. William Hanke, Gerhard Sattler	
09:05 am	Clinical characteristics of lipedema	Louis Habbema
09:20 am	Epidemiology of lipedema	Karen Herbst
09:40 am	Classification of lipedema	Matthias Sandhofer
09:55 am	Discussion	
10:10 am	Anatomy of fat	Friedrich Anderhuber
10:30 am	Anatomy of lymphatics system	Ulrike Pils
10:45 am	Discussion	
11:00 am	Coffee break	
	Chair: Louis Habbema, Karen Herbst	
11:30 am	Questionnaire quality of life	Stefan Rapprich
11:50 am	Physical therapy	Alberto Onorato
12:10 pm	Discussion	
12:30 pm	Diagnostics, Duplex, Impedance Measurement	Matthias Sandhofer
12:45 pm	Liposuction of lipedema	Gerhard Sattler
01:10 pm	TLA and lipedema therapy	Louis Habbema
01:35 pm	Discussion	
01:50 pm	Lunch	
	Chair: Maurizio Podda, Doris Hexsel	
03:00 pm	Veins and lipedema	Martina Sandhofer, Patrick Schauer
03:10 pm	Spider vens and lipedema	Ruth Sandhofer
03:15 pm	Comorbidity and endocrinological aspects	Karen Herbst
03:35 pm	Fat and hormones	Johannes Huber
03:55 pm	Different liposuction in aesthetic indications and Lipedema	Louis Habbema
04:10 pm	Discussion	
04:20 pm	Coffee break	

FRIDAY, JUNE 9, 2017

Chair: Stefan Rapprich, Wilfried Schmeller

04:40 pm	Intensive medical aspects of ambulatory liposuction	Werner Moosbauer
05:00 pm	Pharmacology of TLA in lipedema surgery	Matthias Sandhofer, Jörg Faulhaber, Sonani Mindt, Alfred Grassegger, Werner Moosbauer
05:15 pm	Male lipedema	Louis Habbema, Maurizio Podda
05:25 pm	Tightening operation in lipedema patients	Stephan Spendel
05:45 pm	Discussion	
06:00 pm	End	
07:30 pm	Depature to Viennese „Heuriger“	



Fuhrgassl-Huber Buschenschank

Neustift am Walde 68

1190 Wien



SATURDAY, JUNE 10, 2017

Chair: Jörg Faulhaber, Alfred Grassegger

09:00 am	Postoperative symptoms after 8 years of liposuction & TLA	Wilfried Schmeller
09:20 am	Stem cells in lipedema	Heinz Redl, Eleni Priglinger, Matthias Sandhofer
09:40 am	Lipedema and cellulite	Doris Hexsel
10:00 am	Discussion	
10:20 am	Coffee break	

Chair: Sonja Sattler, C. William Hanke (Moderators)

10:40 am	1. Ambulatory versus stationary	Maurizio Podda	2.
	2. Sedo analgesia versus full anesthesia	Werner Moosbauer	
	3. Antibiosis	Gerhard Sattler	
	4. Power TLA versus Wasserjet	Louis Habbema	
	5. Volume 4000 cm ³ versus more	Matthias Sandhofer	
	6. Thrombosis prophylaxis	Gerhard Sattler, Louis Habbema	
	7. Post op care	Werner Moosbauer, Matthias Sandhofer	
12:00 am	Lunch		

Chair: Sonja Sattler, C. William Hanke (Moderators)

02:00 am	Consensus session 1
03:30 pm	Coffee break
04:00 pm	Cosnsensus session 2
06:00 pm	End of consensus session
07:00 pm	Viennese culture evening
10:00 pm	Candle light dinner

VIENNESE CULTURE EVENING

OPERA VIENNA 1010 Wien, Opernring 2



07:00 pm (beginning) - 09:45 pm Opera Rigoletto

10:00 pm Candle light dinner Hotel Imperial

GENERAL INFORMATION



VENUE

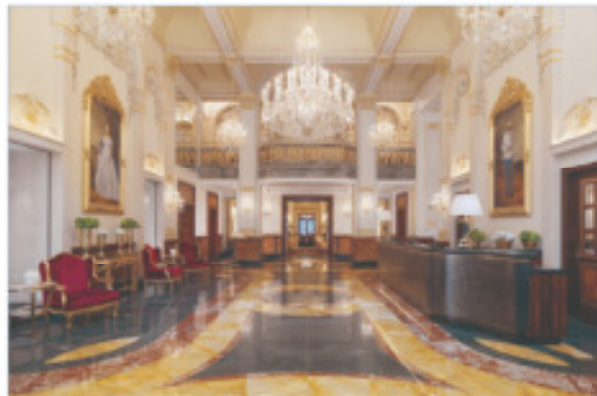
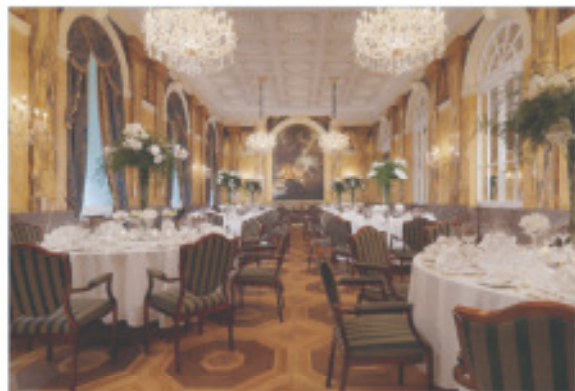
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Phone: +43 1 501 100

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Web: www.imperialvienna.com



CONGRESS FEE

Member (ISDS, AACSM)	€ 300,00
Non Member	€ 450,00
Viennese „Heuriger“	€ 50,00
Candle light dinner	€ 100,00

REGISTRATION

Email: sekretariat@cosmetic-surgery.at

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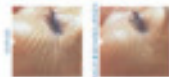
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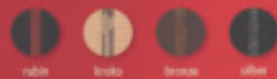
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